

Adults with Learning Differences (ALD) Provision | 2024 - 2025



**Welcome to Abingdon
and Witney College!**

Register now and we can
help you with funding
your course.

Our courses can help you to:

- Build your confidence
- Meet new people
- Try new things
- Learn new skills

Get in touch with our friendly
team to find out more about the
courses or to sign up:



Call us on: 01235 216 493



Email us: accesstolearning-ald@abingdon-witney.ac.uk

Monday Morning

Pottery

Learn how to make different things from clay and use a pottery wheel.



Where: Abingdon Campus



When: Every Monday



Time: 10:00 - 12:00

Using Public Transport

Learn how to read bus timetables, use Google maps, and gain confidence travelling from the Abingdon campus to Oxford, Didcot and Wantage and back.



Where: Abingdon Campus



When: Every Monday



Time: 10:00 - 12:15

Gardening in the Community

Learn gardening skills at our allotment next to the beautiful Abingdon Marina and work with Rob to help others in our community who can't look after their own gardens.



Where: Abingdon Marina



When: Every Monday



Time: 10:00 - 12:00

Monday Afternoon

Cooking

Learn cooking skills so you can make yummy food at home.



Dance

Our new tutor Rob will teach you all styles of dancing - from traditional Morris dances to modern movement. Great exercise and great fun!



Where: Abingdon Campus



When: Every Monday



Time: 12:45 - 3:00



Where: Abingdon Campus



When: Every Monday



Time: 1:00 - 3:00

To find out locations of all our courses please visit our website:



abingdon-witney.ac.uk/campuses

Tuesday

Pottery

Learn how to make different things from clay and use a pottery wheel.



Where: Abingdon Campus



When: Every Tuesday



Time: 10:00 - 12:00

Fitness and Wellbeing

Learn how to keep your body and your mind fit and healthy at our gym.



Where: Abingdon Campus



When: Every Tuesday



Time: 10:00 - 11:00

Cooking

Learn cooking skills so you can make yummy food at home.



Where: Abingdon Campus



When: Every Tuesday



Time: 12:45 - 3:00

Working in the Community @ The Pumphouse

This is a new project serving customers at the Pumphouse Cafe in Faringdon. Transport is provided there and back from Abingdon.



Where: Faringdon



When: Every Tuesday



Time: 11:30 - 14:30

Wednesday

Arts and Crafts

Learn all about different types of art. Create your own art by using different materials.



Where: Abingdon Campus



When: Every Wednesday



Time: 10:30 - 12:30

Football

With support from Oxford United in the Community. Get training and play with Oxford United Football coaches.

2 separate sessions.



Where: Abingdon Campus



When: Every Wednesday



Time: 12:30 - 3:30

Tai Chi

Improve your health and balance with this practice that combines slow movements and deep breathing.



Where: Abingdon Campus



When: Every Wednesday



Time: 10:00 - 11:00

Cooking

Learn cooking skills so you can make yummy food at home.



Where: Abingdon Campus



When: Every Wednesday



Time: 3:00 - 5:00

Thursday

Gardening at the Farm

Spend the day at our Common Leys Farm learning gardening skills. Plant your seeds, tend your plants, harvest what you grow. Transport to the farm is available from Abingdon Campus.



Where: Common Leys Campus, near Witney



When: Every Thursday



Time: 9:00 - 3:00



Pottery

Learn how to make different things from clay and use a pottery wheel.



Where: Abingdon Campus



When: Every Thursday



Time: 1:30 - 3:00



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Friday (Witney)

Music

We will listen, play, learn how to play on our own and all together - maybe we'll even set up a band!? This is based at our Witney Campus where the college has studios so we can get involved in recording music too. This session can go in all directions!



Where: Witney Campus



When: Every Friday



Time: 10:00 - 12:15



Self-Defence

Learn simple self defence methods to give you more self confidence. It's great exercise and our awesome self defence expert Josh will make sure you learn and have a great time.



Where: Witney Campus



When: Every Friday



Time: 10:00 - 12:00

Dance

Our new tutor Rob will teach you all styles of dancing - from traditional Morris dances to modern movement. Great exercise and great fun!



Where: Witney Campus



When: Every Friday



Time: 1:00 - 3:00